

# PALATE

RESTAURANT BAR

At Palate, we also cater for private functions:

- Birthdays
- Breakfast Meetings
- Corporate Meetings
- Engagements
- Hen's Nights
- Product Launches
- And More...

Please speak to one of our friendly staff for more information or email [gez@palate.com.au](mailto:gez@palate.com.au)

## All Day Breakfast

- 10.0 Toasted Muesli  
Palate's blend of maple toasted oats, seeds, fruits and nuts, served with seasonal fruit compote.
- 10.0 Bircher Muesli  
Oats soaked with apple, yoghurt, currants and almonds, served with poached seasonal fruits.
- 11.0 Porridge  
Creamy natural oats, heated with your choice of banana and honey, berry compote or fresh strawberries
- 10.0 Yoghurt Pot  
Vanilla bean and honey yoghurt, layered with berries and topped with toasted maple oat crumble.
- 10.0 Fruit Salad  
Seasonal fruits, drizzled with honey and vanilla bean yoghurt and sprinkled with toasted almonds
- 14.5 Berry Pancakes  
Topped with berry compote, maple syrup and vanilla bean yoghurt.
- 7.5 Fruit Toast  
2 slices, served with Palate house made strawberry jam.
- 10.0 French Toast  
2 slices served with maple syrup and dusted with cinnamon.
- Plain Toast:  
Choose from:
- 6.0 - Sourdough, honey wholegrain or Turkish toast (2 Slices)  
6.5 - Gluten free toast: (3 slices)  
Your choice of condiments.
- 11.0 Beans on Toast  
Palate's homemade smokey baked beans with grilled feta on turkish toast triangles.
- 10.5 Eggs on Toast  
2 free ranged eggs – scrambled, poached or fried.
- 16.0 Eggs Benedict  
2 poached free range eggs on Prager ham, topped with hollandaise. Served with turkish toast.
- 15.5 Eggs Florentine  
2 poached free range eggs on sautéed baby spinach, topped with hollandaise. Served with turkish toast.

## All Day Breakfast (Cont.)

- 16.0 Salmon & Eggs  
2 poached free range eggs, served on honey wholegrain toast, with sides of hollandaise sauce, Tasmanian smoked salmon, avocado and lemon dressed rocket
- 16.0 Veggie Patch  
2 poached free range eggs, sautéed mushrooms, feta, baby spinach, grilled tomato, avocado and Palate hash brown. Served with honey wholegrain toast.
- 18.5 Big Brekkie  
2 eggs - scrambled, poached or fried; with bacon, pork sausage, grilled tomato, Palate baked beans, mushrooms, Palate hash brown and house made tomato relish. Served with turkish toast.
- 16.0 Brekkie Wrap  
Soft tortilla bread filled with scrambled eggs and two rashers of bacon, served with a side of Palate baked beans and a dollop of guacamole
- 11.0 Avocado on Sourdough  
Served with feta and lemon
- 12.5 Fried Egg Bruschetta  
Two fried eggs on toasted turkish, finished with crumbled feta and crispy fried shallots
- 17.0 Brekkie Pizza  
A light tomato base, with scrambled eggs and bacon, finished with a tomato and basil salsa
- Omelette Classic  
3 egg folded omelette with turkish toast  
Choose from:
- 14.0 - Ham, cheese and fresh tomato.  
14.5 - Chorizo, roast peppers, Spanish onion and cheese.  
14.5 - Mushroom, feta and spinach.

## Breakfast Sides

- 4.0 ea Bacon, Palate Baked Beans, Pork Sausages, Smoked Salmon  
3.5 ea Mushrooms, Avocado, Baby Spinach, Roast Tomato, Feta, Hash Brown, Goats Cheese  
3.0 ea Toast - Sourdough, Wholegrain, Gluten Free  
2.0 ea Hollandaise, Palate Tomato Relish

## **Something Light**

- 6.9 Garlic bread, Herb Bread... or both
- 7.0 Beer Battered Fries served with lime aioli
- 13.5 Turkish bread with trio dips.
- 16.5 Salt & Pepper Calamari on a bed of roquette dressed with lime aioli

## **Salads & More**

- 18.0 Char-grilled lamb fillet, cooked medium-rare, in a salad of mixed leaves with honey roasted beetroot, grilled haloumi and Palate homous
- 18.0 Tasmanian Smoked Salmon tossed through salad leaves with citrus segments, bean shoots, avocado, Spanish onion and crispy fried capers
- 17.0 BBQ Peri Peri chicken with a warm salad of green beans, cherry tomatoes, kipfler potatoes with a lemon and walnut dressing
- 21.0 Palate Porterhouse Steak Sandwich, with egg, bacon, fresh tomato, lettuce and cheese on lightly toasted turkish, served with side of Beer Battered Fries

## **Palate Pasta**

- 18.5 Housemade gnocchi pillows, with bacon, pumpkin, spinach and pinenuts in a light sauce
- 17.0 Penne with Hungarian salami, pesto and Spanish onion in a rich tomato Sugo
- 22.0 Linguini with prawns, garlic, chilli and fresh herbs in a white wine sauce

### **Something toasted**

- 15.0 Marinated chicken breast, avocado, tasty cheese, baby spinach and mayo.
- 14.0 Grilled Mediterranean vegetables with baby spinach, crumbled feta and basil pesto.
- 13.0 Tuna melt: tuna, tasty cheese, Spanish onion and mayo.
- 14.0 Prager smoked ham, tomato, tasty cheese and basil pesto.
- 15.5 Smoked Salmon, cream cheese, red onion, baby caper and roquette.

### **Palate Pizzas**

- 13.0 Fresh tomato, basil and buffalo mozzarella on a tomato sugo base...
- 15.0 Mediterranean roast vegetables on sugo base, with goats cheese...
- 15.0 Tandoori chicken with spinach, red onion, buffalo mozzarella and minted yoghurt...
- 16.0 Sugo based il Paulo, with Hungarian salami, red onion, bacon and pesto...
- 16.0 Prawn pizza, with red onion, garlic and chilli with lemon essence...
- 14.0 Roast pumpkin, caramelised onion, feta and baby spinach...

### **Dessert**

Please ask our friendly staff for the selection.

## Drinks

### Coffee

3.5	Latte
3.5	Cappuccino
3.5	Flat White
3.5	Short Macchiato
3.5	Long Macchiato
3.5	Short Black
3.5	Long Black
4.4	Mocha
4.4	Caramel Latte
4.3	Hazelnut Cappuccino
4.3	Vanilla Flat White

### Hot Beverages

4.0	Chai Latte
4.0	Hot Chocolate
4.8	White Hot Chocolate

### Extras

0.5	Soy Milk
0.3	Decaffeinated

### Tea

4.0	English Breakfast, Lavender Grey, Malabar Chai, Peppermint, Cleopatra Camomile, Honeydew Green, Lemongrass & Ginger, Earl Grey, Green Tea
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### Cold Beverages

6.0	Iced Coffee, Iced Chocolate, Iced Mocha
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### Soft Drinks (By the Glass)

3.5	Coke, Diet Coke, Lemon Squash, Lemonade, Tonic Water, Soda Water, Lemon Lime Bitters
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### Bottled Drinks

4.0	Coke, Diet Coke, Coke Zero
4.0	San Pellegrino 200ml Fruit Flavours Pompelmo, Limonata, Chinotto, Aranciata Rossa
5.5	San Pellegrino Sparkling Water (500 ml)
8.0	San Pellegrino Sparkling Water (750 ml)
10.5	VOSS Artesian water from Norway (800 ml)

## **Drinks (Cont.)**

### **Freshly Squeezed Juices**

- 7.5 Choose from:  
- Orange  
- Watermelon  
- Carrot  
- Apple  
- Celery

### **Designer Fresh Juices**

- 7.5 Refresher  
- Pineapple, Apple, Watermelon, Mint
- 7.5 Detox  
- Carrot, Beetroot, Apple, Celery, Ginger
- 7.5 Flu Fighter  
- Orange, Pineapple, Ginger, Lemon

### **Smoothies**

- 7.5 The Retox  
- Coffee, Banana, Ice Cream
- 7.5 Bananarama  
- Banana, Ice cream, Milk, Honey
- 7.5 Berry Boom  
- Mixed Berries, Ice Cream, Apple Juice
- 7.5 Mango Maniac  
- Mango Nectar, Ice Cream
- 7.5 Fresh Breeze  
- Watermelon, Strawberries, Ice Cream

### **Milkshakes**

- 6.5 Choose from:  
- Chocolate  
- Strawberry  
- Caramel  
- Hazelnut  
- Mint  
- Coconut  
- Vanilla

## Alcoholic Beverages

### Beers & Ciders

9.0	Asahi
8.0	Corona
7.0	Pure Blonde
7.0	Crown Lager
5.0	Cascade Light
10.0	Bulmers Original Apple Cider
10.0	Bulmers Pear Cider

### White Wine

25.0	6.0	Rothbury Estate Sauvignon Blanc
35.0	8.0	Angel Cove Sauvignon Blanc - Marlborough, NZ
39.0	8.0	Abels Tempest Chardonnay - Coral River Valley, TAS
35.0	8.0	Cape Schanck Pinot Grigio - Mornington Peninsula, VIC
40.0		Leo Buring Riesling - Clare Valley, SA

### Red Wine

25.0	6.0	Rothbury Estate Cabernet Merlot
35.0	8.0	Aerins Vineyard Shiraz - Heathcote, VIC
45.0	9.0	St Huberts "The Stag" Pinot Noir - Yarra Valley, VIC
45.0		Wynns "The Gables" Cabernet Blend Coonawarra, SA
40.0		Devils Lair "Whippersnapper" Shiraz Temperanillo - Margaret River, WA
45.0		Ingolby Cabernet Sauvignon - McLaren Vale, SA

### Champagne & Sparkling

	6.0	Rothbury Sparkling
25.0		Rothbury Estate Sparkling QV
53.0		Chandon Non Vintage Brut
99.0		Moet & Chandon Imperial, Epernay, France

## **Alcoholic Beverages (Cont.)**

### **Cocktails**

- 12.5 Bloody Mary - Vodka, tomato juice, Tabasco, Worcestershire, lemon, salt, pepper
- 18.0 Cosmopolitan - Vodka, Cointreau, fresh lime, cranberry juice, shaken
- 17.0 Mojito - Bacardi Rum, fresh lime, mint leaves, gomme, crushed ice
- 18.0 Strawberry Daiquiri - White rum, Rubis liqueur, fresh strawberries, ice, blended
- 18.0 Espresso Martini - Vodka, Kahlua, Tia Maria, fresh Espresso shots, gomme, shaken
- 18.0 Passionfruit Martini - Alize liqueur, Vodka, fresh Passionfruit, grapefruit juice, white chocolate, shaken

### **Spirits...**

- 8.0 House Spirit  
Smirnoff Vodka, Johnnie Walker Red Label Scotch, Slate Bourbon, Bacardi Rum, Gordons Gin, Jose Cuervo Tequila
- Palate Favourites
- 10.0 Grey Goose Vodka
- 9.0 Bombay Sapphire Gin
- 9.0 Makers Mark Bourbon
- 9.0 Southern Comfort
- 13.0 Don Julio White Tequila

### **9.0 Palate Shots**

Agwa Cocoa Leaf Liqueur, Jagermeister Herbal Liqueur

### **9.0 Something Sweet**

Tia Maria, Bailey's, Kahlua, Cointreau, Frangelico, Midori, Chambord, Vanilla Absolut, Malibu, Butterscotch Schnapps, Peach Schnapps, Galliano Black, Galliano White, Alize Passionfruit